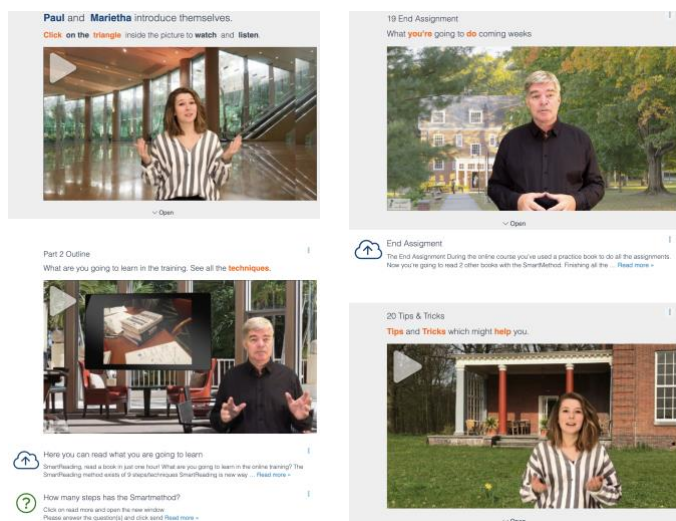


## SmartReading online & virtual classroom

Learn the full smart method online with online classroom sessions as if you were physically together.

### What is the timeframe and how is the process going.



#### Timeline

1. There are 20 movies.
2. For each film an explanation is given of what to do and especially how to do it.
3. In between you will find animations for extra clarification.
4. Follow at your own pace and preferably complete in 3 weeks. Total number of hours 16
5. Read three books. 2½ hours per book.

### Process SmartReading & virtual classroom sessions

#### First classroom session - Introduction

- Introduction in an online classroom. The duration of this introduction is a maximum of half an hour. In this session, we agree on the time for the second online class session and how to log in to the learning platform.
- Follow the first seven films and complete the assignments within four days after logging in to the learning platform.

#### Second classroom session – explanation and question & answer

- Then the second online class session takes place. This online class also lasts about half an hour. In this session, you receive an additional explanation for the follow-up, and there is room for questions. We agree on a time.
- Follow the rest of the online training and complete the assignments. While following the online training, you read one book with the smart method.

#### Third classroom session – exchange experiences and question & answer

- Then the third online class session will take place to exchange experiences and ask questions. The trainer provides additional tips and techniques when desired. This online class lasts approximately one hour.
- After following the full program, you read two additional books with the smart method. Reading time per book is 2½ hours.

#### Fourth classroom session – book reviews question & answer

- Then the essential fourth online class session takes place in which the book discussions take place. This book review with the mind maps is vital for the experience that it is possible to read a book with the smart method in about 2 ½ hours and discuss in detail. We need each other for this because it is not possible to give a book discussion with yourself.

## SmartReading online & virtual classroom is experienced as very pleasant because:

- You follow the training at your location, and you do not have to leave the house
- The online training lasts 16 hours, and online class sessions take place
- You can read a book or equivalent in 2 to 3 hours with increased understanding.
- Attention is paid to the internal dialogue, wandering while reading, jumping back, and sometimes not knowing what has been read.
- Attention to annoying reading beliefs from the past
- Attention to also read from digital devices
- Time savings due to the efficient approach and cost savings
- During the online process, the trainer has access to the answers sent.

There can always be personal contact with the trainer for questions and comments through: Phone, email, zoom, skype, or otherwise.

## Two more classroom session – to **BREAK DOWN PROBLEMS FOR GETTING SOLUTIONS**

After you integrate the smart method, two more sessions will take place. In the last two sessions, the team discusses the problem issues and solutions.

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The online class sessions take place by zoom.